

to Nurses' that a nurse should be Trustworthy, Punctual, Quiet and Orderly, Cleanly and Neat, Patient, Cheerful and Kindly. These qualities remain as essential to the making of a good nurse of to-day as they did 56 years ago, but in addition she must be fully equipped to take her place as a nurse in the furtherance of the science and art of Medicine, and to know the why and wherefore of the highly specialised treatments she sees in the wards and departments of the hospital. We are all proud of the great achievements of our Medical School, and we as nurses venture to hope that the work of our *Nursing* School adds some lustre to the reputation of this Hospital. Our Nurses are now working in almost every part of the world as Matrons and Sisters in Hospitals, as Public Health Nurses, and in every other branch of their profession, and we hope that the opportunities which have now been given to us by this gift of the new School will still further develop that pioneer spirit.

We are very grateful to Your Royal Highness for the kind references you have made to our work as Nurses, and we beg your acceptance of this little memento of the opening of the New School which is to all of us a very happy and wonderful occasion.

His Royal Highness having accepted the Memento the proceedings concluded.

The beautiful little figure, here reproduced, by the kindness of the Matrons, was carried out in oxidised silver, the cap and apron being in white, and the cape in crimson enamel. Including the base it is 9 ins. high, and was enclosed in a blue leather case lined with white satin. It was made by Messrs. Mappin & Webb.

#### The Preliminary Training School.

The Prince, accompanied by the Chairman of the Hospital, the American Ambassador and the Minister of Health, then proceeded to the Nurses' Home where tea was served, and subsequently paid a very thorough visit of inspection to the new Preliminary Training School for Nurses. Our illustration shows him at the bedside of the Chase Doll, where the pupils are taught dexterity in bed-making and in practising the various manipulations used in attending on the sick before attending the patients in the wards.

Meanwhile the guests were entertained to tea in the Refectory of the Medical School, at numerous small tables, Sisters and Nurses, as well as the domestic staff being indefatigable in ensuring that every one was well and expeditiously served.

The new building was then open for general inspection and the majority of those present availed themselves of the opportunity to see this most interesting addition to the hospital.

In the basement is the dining-room, daintily equipped, and adjoining it a servery. A "Hot-Lock" trolley, with charcoal burner underneath ensures that the food served is hot and appetising.

In the basement also is the cookery kitchen, fitted with white-tiled tables, each pupil has her own gas-ring, and a drawer for her cooking appliances. The blackboard on a raised platform enables the teacher to give demonstrations, and by walking down the centre of the room she can supervise the work of all the pupils.

On the ground floor is the Sisters' Office, a comfortable sitting room, where the pupils can see their friends, and a spacious Lecture Hall, fully equipped for the purpose, and with wall cupboards with glass doors containing fascinating specimens, sections of bones, sanitary models, and much else besides.

On the first floor is the demonstration room, to which we have already alluded, which is arranged as a model ward, including the sanitary annexes, so that the preliminary pupils when they pass on into the hospital will be familiar with the surroundings.

On the second are sitting-rooms for the Tutor Sister, Miss A. E. Merry, and the Assistant Tutor Sister, Miss A. M. Harvey, and bedrooms, with a bed-sitting-room for the Charge Nurse.

The third and fourth floors are devoted to the bedrooms and bathrooms of the student nurses, charmingly arranged, and the fifth floor is occupied by the maids.

Miss Merry last year visited the United States of America, on the invitation of the Rockefeller Foundation, and attended the International Congress of Nurses at Montreal. She holds the certificate of St. Thomas's Hospital, and has taken the Course arranged at King's College for Women for Sister Tutors. Miss Harvey holds the certificate of King's College Hospital.

The Course of Training in the Preliminary School is for two months, and each class consists of twenty pupils at the end of which time there is an examination. The practical part is conducted by the Assistant Matron, and a Ward Sister marks the papers.

## THE PUBLIC HEALTH.

### WASH BEFORE YOU EAT.

The Advisory Board of the Health and Cleanliness Council have published a delightful poster specially designed for promoting health education among boys. The Council invites applications from teachers, leaders of boys' clubs and others for free copies of this poster. Such applications should be addressed to the Secretary, Health and Cleanliness Council, 5, Tavistock Square, London, W.C.1.

### MENTAL HEALTH.

The National Council for Mental Hygiene, Tavistock Square, W.C., has now issued the Report of the proceedings at the important conference on Mental Health held at the Central Hall, Westminster, last October and November. We print below an extract from the speech of the Chairman, the Right Hon. The Viscount Brentford.

#### Early Treatment and Mental Clinics.

If the public knew more about the danger signals of approaching mental breakdown and psychiatric assistance was not delayed in such cases, what tragedies might be avoided! This brings me to the burning question of the early treatment of mental disorders and functional nervous disorders. The late Government gave earnest consideration to this matter and, but for the overcrowded condition of the Parliamentary machine, the country now would be enjoying the benefit of a Mental Treatment Act.

Modern mental hygiene urges the necessity of a more complete training of our medical men in psychological medicine. I have no doubt that whatever the difficulties there are in bringing this about, the establishment of mental clinics will help towards their solution. One is essential to the other, for clinics can be both a teaching and a treatment centre.

I think the time has come, or is coming, for the establishment at every university and medical school of a chair or lectureship in mental hygiene, for the practitioner has really to face psychiatric problems in this earlier sphere. I am not one of those who belittle the importance of mental disorders as a separate branch of medical science, but this need not involve a position of isolation. Happily there is nowadays an increasing tendency to leave such a position, and join the stream of general medicine and establish working relationships with all its branches. Though no doubt there is urgent need for separate psychopathic hospitals and other

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